

FBISD SHAC 2021-2022 Dec. 1, 2021 Meeting Minutes

I. Welcome

Melanie opened the meeting with a relaxation exercise

II. Update on State Board of Education Proclamation 2022 Adoption of Health & Physical Education Instructional Materials

Susan Voradakis (FBISD Director of Instructional Resources)

It has been about 15 years since Health & PE went through the state level adoption process. FBISD develops local curriculum, so the new Health & PE resources will be chosen to complement the FBISD curriculum.

- >Materials selected for Health will be student and teacher materials
- >Materials selected for PE will be to support teacher instruction—PE equipment is funded with a new school start up and through bonds at the local level, so they are not part of the Proclamation
- >Proclamation
- -Commissioned by State Board of Education
- -Managed by the Texas Education Agency
- -Correlated to program area TEKS review & Revisions & resource update
- -funded by state through state budget (allocated based on district enrollment & proclamation cycle)
- -rotates on 8-12 year cycle
- >Process Input
- -Campus level includes all program teacher & staff connected to program/each campus submits 1 rubric/vendor
- -Public review will occur in Jan.-reviewers will submit a feedback document
- -District Task Force-made up of k-12 health & PE teachers, 2 SHAC members, other staff
- *task force members will get formal presentations from the vendors
- *each member will submit 1 rubric/vendor
- *started with state approved list of vendors—invited them to participate in FBISD process
- >Identify instructional priorities to guide selection process (includes profile of a graduate)
- >Target March to take recommendation to Board of Trustees-once approved, materials will be ordered & training will take place to be ready for 2022-23 school year

QUESTIONS:

>Allison Thummel-sits on task force—this curriculum is very important because it includes sex education, alcohol education—encourage parents to engage in the process to see how students are being taught these sensitive topics

- Q: How many resource publishers per content were finalized by State BOE?
- A: Only 1 publisher has been approved by state.

Kim Taylor added that public review will be in Jan and resources will be available for public to view.

- Q: Jenna Ross: Since each campus is reviewing materials, are the wellness committees or SHAC liaisons involved? A: Susan-not sure if this is happening but can look at ways for this to happen during the public review. Kim Taylor reiterated that this can happen during public review.
- Q: Melanie :Will recommended materials be presented to SHAC in Feb for review before going to Board of Trustees? A: yes
- Q: Angie Hanan:Since there is only one approved State BOE resource, does the committee just decide to accept or reject that option?
- A: Susan-the process does not prevent district from finding other resources beyond those submitted to, and approved by, State BOE. FBISD has extended the search beyond the SBOE resources.

Lori-since FBISD has a written curriculum, we are looking for supplemental resources, not looking for a book that teaches a curriculum

III. Impact of Recent Legislation

Lori Sartain

- A. HB 1525-sex education changes, district adoption process, and additional SHAC requirements
- >See slide for SHAC updates—our SHAC currently meets all updates
- >Human Sexuality Instruction Updates
- -Requires BOT to adopt policy establishing a process for adoption of curriculum materials for the district's Human Sexuality Curriculum
- -Written notice must be given to parents before the start of the school year of curriculum taught (in student handbook)
- -Parents must have the right to view the curriculum and can choose any part they don't want their child to participate in or remove them from the whole program without disciplinary action or effect on grade
- -Information must be on district webpage
- -At least 14 days before the start of the program parents must be sent an OPT IN written consent-has to be a stand alone consent (cannot be part of any other notification or consent)—previously was OPT OUT
- B. SB 9- relating to public school instruction and materials regarding the prevention of child abuse, family violence, dating violence and sex trafficking
 - -Requires BOT to adopt policy establishing a process for adoption of curriculum materials for the district's curriculum
 - -Written notice must be given to parents before the start of the school year of curriculum taught (in student handbook)
 - -Parents must have the right to view the curriculum and can choose any part they don't want their child to participate in or remove them from the whole program without disciplinary action or effect on grade
 - -Information must be on district webpage
 - -At least 14 days before the start of the program parents must be sent an OPT IN written consent-has to be a stand alone consent (cannot be part of any other notification or consent)

Questions

Q: Allison N. : State seems to promote abstinence only curriculum. Within that context are students still taught about birth control and STDs?

A: TEKS still have to be covered and there are TEKS that involve contraception, pregnancy & STDs. Lori will include new TEKS with minutes.

Q: In elementary will growth & development also require parents to opt in?

A:This is required for all levels, not just secondary

Q:Does district have to get opt in for the talks that occur to 4th & 5th grade girls?

A: After consulting with legal department, it was decided that is not required for this topic.

This process is already in effect. There were discussions with legal department to make sure all requirements were met. Currently at these levels:

Choosing the Best Path-7th grade Health

Choosing the Best Journey-High school health (grade level varies depending on when student takes Health)

It is concerning that all students may not receive this curriculum. This topic will be discussed in the SHAC advocacy sub-committee.

Q: Has SHAC/district thought about doing sessions for parents about how to talk to their students about sex or educating parents on curriculum that is being taught?

A: Not currently happening, but great idea -please send email to Melanie

Q: Will SHAC get to see how many do not opt in?

A: Health teachers have to keep track, so we will get those numbers. Will need to brainstorm ideas about how we can educate parents about these topics.

Q:Will we get specific data (yes/no/no form returned)?

A:Good idea for future to modify form to get better data.

Q:Do any of these changes affect Health online?

A: Yes, it will have to be looked at when working on summer school curriculum. Students will have to have an opt in to receive the instruction

Some campuses sent form electronically, some only on paper, some did both-it was a campus decision

IV. Approve minutes Oct. 13 meeting-Cathy Hunter

>Allison Thummel made motion, Julia Jarrell seconded >members voted in chat >motion passed

V. Brain Break - Melanie Anbarci

VI. Breakout Sessions - Elementary, Middle & High school
LaDonna Greene (FBISD Health, Wellness & Prevention Specialist)
Campus Wellness Committees & Wellness Progress Reports

Campus Wellness Committee:

- -Meet at least 4 times/school year
- -5-10 people on committee including parents, teachers, admin, staff, community members
- -Do a needs assessment to determine campus needs to find a starting point then move on to setting goals
- -Campus Wellness Committee progress reporting

Breakout Rooms

How can SHAC assist campus wellness committees?

How are you (as individuals) assisting your campus wellness committee?

VII. 2021-22 Flu Season-Vaccination and Prevention

Dr. Minter, MD, MBA (Director of Health & Human Services at Fort Bend County)

- >Currently Flu A H3N2 is the prominent strain and flu activity is starting to ramp up in the community—this strain usually indicates a more severe flu season for the elderly
- >There is increased flu activity especially among college students
- >Flu vaccines will decrease the severity of the flu
- >CDC recommendations
- -vaccine for 6 months and older
- -treat patients with suspected or confirmed case of flu with antivirals (Tamiflu)
- -with symptoms, patients should get flu and COVID test—not harmful to treat with Tamiflu if it ends up being COVID
- >vaccine is available in many places including the health department (TX Vaccine for Children Program & Adult safety net for adults who cannot afford the cost of vaccine)
- >Can get flu & COVID vaccine at same time
- >Health department is not scheduled to do any student vaccinations in schools—there are resources for staff to get vaccinated

VIII. Announcements

Stephanie Kellam

- >Angst screening on demand through Dec. 17—thank you to United Healthcare for this support
- -information about this can be shared through principals, student wellness committees, PTO/PTA
- -appropriate for grades 4/5 and up, but it is suggested for parents to preview it to determine appropriateness for their child
- -Suggestion to possibly include different messaging/wording on social media that might indicate what students would get out of watching movie instead of "raise awareness about anxiety"
- >Parent Webinars-see slide

>Steve Shiels-district is now required to include the National Suicide Hotline and Text Hotline on student IDs -FBISD has ordered stickers with this information that will be placed on student IDs

Q: Do all students have IDs?

A:Steve-secondary students have IDs, not certain about elementary schools

IX. Meeting Closure

Melanie Anbarci

>Next meeting Feb. 9, 2022

Meeting Attendance

- 1. Cathy Hunter RPHS
- 2. Jigisha Doshi, SHAC Membership
- 3. Stephanie Kellam, Community, UnitedHealthcare
- 4. Laura De La Rosa, MD Anderson Cancer Center
- 5. Dana Tran, SHAC member
- 6. Ivette Castillo Health and Safety Chair at FCMS
- 7. Susan Voradakis FBISD Director of Instructional Resources
- 8. Marianne Vinklarek, MBE school nurse
- 9. Laine Skelton
- 10. Kim Taylor, FBISD coor health, pe, wellness
- 11. Victoria Sokol, guest
- 12. Brett Lemley Asst Superintendent for Secondary Schools
- 13. Briana Garcia | Marketing | FBISD Child Nutrition
- 14. Natalie Rivera, FBISD Communications
- 15. Monisha Kamdar, RN Health Specialist with FBISD
- 16. Grayle James, Community member
- 17. Jennifer Setera, RN (FSMS)
- 18. Rosylyn West, Parent Educator TMHS
- 19. Angie Hanan Board of Trustees Representative.
- 20. Dimpy Koul
- 21. Courtney Skiles, Wellness Coordinator UHc
- 22. Jenna Ross, Parent member
- 23. Allison Thummel, Parent & SHAC Co-Chair
- 24. Rachael Conegie-Parent Educator Glover Elementary
- 25. Sandra Castro, Dairy MAX/FUTP60, Community Member
- 26. Kerstie Nichols, Baylor Collaborative on Hunger and Poverty (BCHP)
- 27. Laine Skelton, SEL Coordinator of HS Programs
- 28. Steve Shiels, Director of Behavioral Health and Wellness, FBISD

- 29. Danielle Charles, LGE School Counselor
- 30. Natalie Bostic RN, James Reese CTC
- 31. Courtney Barnes Marshall HS, Missouri City MS
- 32. Alan Thompson, Asst. Director SEL & Enrichment Programs, FBISD
- 33. Maria Johnson, Coordinator of Health Services
- 34. Andrea Beckert WBE Parent Educator
- 35. Pilar Westbrook Executive Director of SEL and Comprehensive Health for FBISD
- 36. Matt Antignolo Child Nutrition
- 37. Emily Paul, American Heart Association, community member
- 38. Douglas Turner PE Teacher Heritage Rose Elementary
- 39. Shane Chen, HOPE Clinic, FBISD Parent and Community Member
- 40. Melanie Anbarci, SHAC Chair
- 41. Pearl N. Lam, parent (DHS)
- 42. Stephanie Brown, SHAC Member, and community member Marshall HS feeder Pattern
- 43. LeKeya Weir, School Nurse-Malala Elementary, Parent-Sienna Crossing Elementary
- 44. Julia Jarrell- FBISD Child Nutrition Department
- 45. Andy Berghoefer: parent of 3 at CWE, shac member
- 46. Payal Pandit Talati, Executive Director of Collaborative Communities; SHAC FACE Sub-Committee Co-Lead
- 47. Allison Nihiser parent
- 48. Amber J Foster. M.S. Fort Bend 4-H Youth Development
- 49. Kim Robison FSMS PTO Liasion
- 50. Samiah Thomas- FBISD Behavior Health & Wellness Department-new SHAC member
- 51. Ami Dharia SHAC member
- 52. Elsa Villarreal, PE, MCMS
- 53. Stephanie Brown, SHAC Member and community member Marshall HS feeder Pattern

Membership attendance

Angie Hanan BOARD, Doug Earle COMMUNITY. Grayle James Community, Payal Patani COMMUNITY, Sandra Castro Community, Stephanie Brown COMMUNITY, Stephanie Kellam COMMUNITY, Courtney Skiles DISTRICT, Julia Jarrell DISTRICT, Kim Taylor District, Lori Sartain DISTRICT, Maria Johnson DISTRICT, Pilar Westbrook District, Steve Shiels District. Allison Thummel PARENT, Ami Dharia Parent, Cathy Hunter PARENT, Dana Tran PARENT, Farah Rahman PARENT, Jenna Ross PARENT, Jigisha Doshi PARENT,

Melanie Anbarci PARENT, Pearl Lam PARENT, Tami Stout PARENT

Meeting Chat Record

12:01:34 From Jigisha Doshi to Everyone:

Good afternoon everyone... Please share your name and affiliation for attendance... Thank you

12:01:47 From Cathy Hunter to Everyone:

Cathy Hunter RPHS

12:01:49 From Jigisha Doshi to Everyone:

Jigisha Doshi, SHAC Membership

12:02:00 From Stephanie Kellam to Everyone:

Stephanie Kellam, Community, UnitedHealthcare

12:02:01 From Laura De La Rosa to Everyone:

Laura De La Rosa, MD Anderson Cancer Center

12:02:04 From Dana Tran to Everyone:

Dana Tran, SHAC member

12:02:06 From Ivette Castillo to Everyone:

Ivette Castillo Health and Safety Chair at FCMS

12:02:07 From Susan Voradakis to Everyone:

Susan Voradakis - FBISD Director of Instructional Resources

12:02:08 From marianne vinklarek to Everyone:

Marianne Vinklarek, MBE school nurse

12:02:10 From Laine Skelton to Everyone:

Laine Skelton

12:02:12 From Kim Taylor to Everyone:

Kim Taylor, FBISD coor health, pe, wellness

12:02:12 From victoriasokol to Everyone:

Victoria Sokol, guest

12:02:14 From Dr. Brett Lemley to Everyone:

Brett Lemley - Asst Superintendent for Secondary Schools

12:02:14 From Briana Garcia to Everyone:

Briana Garcia | Marketing | FBISD Child Nutrition

12:02:14 From Natalie Rivera to Everyone:

Natalie Rivera, FBISD Communications

12:02:15 From FBISD SEL Admin Team to Everyone:

Monisha Kamdar, RN Health Specialist with FBISD

12:02:15 From Grayle James to Everyone:

Grayle James, Community member

12:02:16 From jennifer setera to Everyone:

Jennifer Setera, RN (FSMS)

12:02:19 From Rosylyn West (PE Marshall HS) to Everyone:

Good afternoon. Rosylyn West, Parent Educator TMHS

12:02:20 From Angie Hanan to Everyone:

Angie Hanan Board of Trustees Representative. Greetings all!

12:02:21 From Dimpy Koul to Everyone:

Dimpy Koul

12:02:22 From Courtney Skiles to Everyone:

Courtney Skiles, Wellness Coordinator UHc 12:02:23 From Jenna Ross to Everyone: Jenna Ross, Parent member 12:02:23 From Allison Thummel, RD,LD to Everyone: Allison Thummel, Parent & SHAC Co-Chair 12:02:28 From Rachael Conegie-PE Glover to Everyone: Rachael Conegie-Parent Educator Glover Elementary 12:02:28 From Sandra Castro to Everyone: Sandra Castro, Dairy MAX/FUTP60, Community Member 12:02:29 From Kerstie Nichols to Everyone: Kerstie Nichols, Baylor Collaborative on Hunger and Poverty (BCHP) 12:02:29 From Laine Skelton to Everyone: Laine Skelton, SEL - Coordinator of HS Programs 12:02:30 From Steve Shiels to Everyone: Steve Shiels, Director of Behavioral Health and Wellness, FBISD 12:02:38 From danielle.charles to Everyone: Danielle Charles, LGE School Counselor 12:02:41 From Natalie B. to Everyone: Natalie Bostic RN, James Reese CTC 12:02:53 From Courtney's iPad to Everyone: Courtney Barnes Marshall HS, Missouri City MS 12:02:55 From Alan Thompson to Everyone: Alan Thompson, Asst. Director SEL & Enrichment Programs, FBISD 12:02:56 From Maria Johnson, RN to Everyone: Maria Johnson, Coordinator of Health Services 12:02:56 From Andrea Beckert to Everyone: Andrea Beckert WBE Parent Educator 12:02:57 From Pilar Westbrook to Everyone: Pilar Westbrook Executive Director of SEL and Comprehensive Health for FBISD 12:02:59 From Matt Antignolo to Everyone: Matt Antignolo Child Nutrition 12:03:03 From Emily Paul to Everyone: Emily Paul, American Heart Association, community member 12:03:14 From Douglas. Turner to Everyone: Douglas Turner PE Teacher Heritage Rose Elementary 12:03:22 From Shane Chen to Everyone: Shane Chen, HOPE Clinic, FBISD Parent and Community Member 12:05:56 From Melanie Anbarci to Everyone: Melanie Anbarci, SHAC Chair 12:08:05 From Pearl Lam to Everyone: Pearl N. Lam, parent (DHS) 12:09:11 From LeKeya Weir to Everyone: LeKeya Weir, School Nurse-Malala Elementary, Parent-Sienna Crossing Elementary 12:09:31 From Julia Jarrell to Everyone: Julia Jarrell- FBISD Child Nutrition Department

12:15:01 From Jigisha Doshi to Everyone:

12:19:27 From Andreas Berghoefer to Everyone:

NEXT FBISD SHAC MEETING: Feb. 9, 2022 12:00 pm-2:00 pm, Location: TBD

I am still missing few namesplease share your name and affiliation for attendance... Thank you

Andy Berghoefer: parent of 3 at CWE, shac member

12:22:41 From Ivette Castillo to Everyone:

Is there any movement to move PE to a daily class in elementary schools versus on a rotation as it is now?

12:23:45 From Angie Hanan to Everyone:

How many resource publishers per content were finalized by SBOE?

12:27:50 From Jigisha Doshi to Everyone:

Thank you to everyone who have stated their name and affiliation. I am still missing some members names. If you have not stated it then please do so for the SHAC attendance.

12:29:03 From Melanie Anbarci to Everyone:

Ivette, we can follow up on the question about recess with Kim & Lori

12:30:01 From Payal Pandit Talati to Everyone:

Payal Pandit Talati, Executive Director of Collaborative Communities; SHAC FACE Sub-Committee Co-Lead

12:30:08 From Allison Thummel, RD,LD to Everyone:

Thank you Susan!!

12:30:31 From allison to Everyone:

Allison Nihiser - parent

12:31:07 From Amber J. to Everyone:

Amber J Foster. M.S. Fort Bend 4-H Youth Development

12:31:26 From Kim Robison to Everyone:

Kim Robison - FSMS PTO Liasion

12:31:44 From Samiah Thomas to Everyone:

Samiah Thomas- FBISD Behavior Health & Wellness Department-new SHAC member

12:33:00 From Ami Dharia's iPhone to Everyone:

Ami Dharia SHAC member

12:34:01 From Elsa Villarreal to Everyone:

Elsa Villarreal, PE, MCMS

12:36:52 From Susan Voradakis to Everyone:

Resource Tidbits... In May, there were 7 vendors participating in P2022 at the state level. By October, the number of vendors still participating had dropped to 4. In FBISD, we are currently reviewing 9 vendor programs.

12:41:17 From marianne vinklarek to Everyone:

In elementary , will growth and development now require permission from parent for students to participate or is this only for MS and HS programs?

12:45:07 From Ivette Castillo to Everyone:

Yes I just signed for my 7th grader received via email with phone reminder.

12:46:22 From 1 Nomita Bajwa PharmD to Everyone:

Will we (as SHAC) get to see how many opt out?

12:46:41 From Cathy Hunter to Everyone:

Do these changes affect students who take health online?

12:46:50 From Jenna Ross to Everyone:

The next SHAC Advocacy sub committee is Dec 10 and this will be further discussed.

12:47:00 From Jenna Ross to Everyone:

At 3:00

12:48:27 From 1 Nomita Bajwa PharmD to Everyone:

The next TSHAC meeting will be in February and there is time at the end of the meeting to bring up concerns from local shacs. FYI

12:49:04 From Amber J. to Everyone:

I would be more than willing to teach about it as well. the parent class.

12:49:14 From Stephanie Kellam to Everyone:

Just want to note that FBISD requires Health as a graduation requirement which is a local decision and is fantastic (YAY FBISD). Not all districts require health as a graduation requirement so some students will never have the opportunity to get this education in general.

12:50:57 From 1 Nomita Bajwa PharmD to Everyone:

Consider sharing the opt in rates with the board each year with our presentation?

12:51:20 From Natalie B. to Everyone:

Are the opt in forms sent home with students or sent electronically to parents?

12:51:47 From Ivette Castillo to Everyone:

I got mine electronically only.

12:53:47 From Grayle James to Everyone:

I believe another clarification would be: The opt in is for certain human sexuality units. Not the whole semester of curriculum.

12:54:40 From Kim Taylor to Everyone:

Yes, Thanks Grayle!

12:54:41 From Stephanie's iPhone to Everyone:

Stephanie Brown, SHAC Member and community member - Marshall HS feeder Pattern

12:55:23 From Allison Thummel, RD,LD to Everyone:

I motion to approve the Oct. 13 SHAC meeting.

12:55:38 From allison to Everyone:

One way to motivate families to opt in is to remind them that health in HS is the last opportunity for this information prior to entering post high school career or college. And, college doesn't typically teach this

12:55:40 From Julia Jarrell to Everyone:

I second

12:55:56 From Ami Dharia to Everyone:

Approve

12:55:56 From Pearl Lam to Everyone:

Approve

12:55:57 From Melanie Anbarci to Everyone:

Approve

12:56:00 From allison to Everyone:

approve

12:56:00 From Dana Tran to Everyone:

approve

12:56:00 From Julia Jarrell to Everyone:

Approve

12:56:00 From Jenna Ross to Everyone:

Approve

12:56:03 From Jigisha Doshi to Everyone:

Approve

12:56:06 From Stephanie's iPhone to Everyone:

Approve

12:56:06 From danielle.charles to Everyone:

approve

12:56:06 From Farah Moin to Everyone:

aoprove

12:56:08 From Kim Taylor to Everyone:

approve

12:56:11 From Alan Thompson to Everyone:

Approve 12:56:16 From 1 Nomita Bajwa PharmD to Everyone: approve 12:56:18 From Grayle James to Everyone: **Approve** 12:56:25 From Emily Paul to Everyone: Approve 12:56:46 From danielle.charles to Everyone: Great info! Thanks! I have to go. 12:57:52 From Julia Jarrell to Everyone: 13:02:36 From 1 Nomita Bajwa PharmD to Everyone: 13:11:51 From Jigisha Doshi to Everyone: I have not 13:12:21 From Allison Thummel, RD,LD to Everyone: 2 times! 13:12:21 From Jigisha Doshi to Everyone: Will you connect me with the Dulles High School CWC? 13:12:55 From Pearl Lam to Everyone: Yes, me too for DHS 13:13:50 From Jigisha Doshi to Everyone: Can you also share who the qvms CWC is? 13:14:41 From Courtney's iPad to Everyone: I will need the contact for Marshall HS 13:14:45 From Stephanie Kellam to Everyone: If the CWC is struggling to get going, you could see if the Student Wellness Coalitions needed help. 13:15:33 From Rosylyn West (PE Marshall HS) to Everyone: I need the contact for Marshall HS 13:20:11 From Laura De La Rosa to Everyone: FYI - MD Anderson Cancer Center provides tobacco and vaping prevention programs for parents and teens. If there is any interest in this program, please feel free to reach out to me. Lhearn@mdanderson.org 13:20:37 From Angie Hanan to Everyone: Are these surveys and data housed on the campus website or are they distributed via email? 13:44:21 From Allison Thummel, RD,LD to Everyone: Is this screening going out in announcements at the secondary schools? 13:44:52 From Laine Skelton to Everyone: Yes, the link can be found on Twitter. We had it sent out through Internal Communications 13:46:08 From Andrea Beckert to Everyone: Is it elementary appropriate? 13:47:09 From Andrea Beckert to Everyone: Thank you for these Parent Webinars! 13:54:07 From Elsa Villarreal to Everyone: Thank you for being a partner with Crime Stoppers. Their social media awareness program is excellent.

NEXT FBISD SHAC MEETING: Feb. 9, 2022 12:00 pm-2:00 pm, Location: TBD

13:54:17 From Julia Jarrell to Everyone:

13:57:03 From Grayle James to Everyone: Thanks for a great meeting!

Are there plans for all students to have IDs?

13:57:05 From Angie Hanan to Everyone:
 Thank you to everyone who presented today!
13:57:07 From Ivette Castillo to Everyone:
 Thank you!
13:57:09 From Pearl Lam to Everyone:
 Thank you. Very informative meeting
13:57:12 From Farah Moin to Everyone:
 thankyou
13:57:15 From Jigisha Doshi to Everyone:
 Thank you!